

学年	区分	種目	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー	
			距離	50	100	200	400	1500	50	100	200	50	100	200	50	100	200	200
高3	国体強化	強化S	23.01	0:50.59	1:50.62	3:53.53	15:29.45	-	0:55.74	2:00.89	-	1:01.62	2:13.48	-	0:53.39	1:59.09	2:01.88	4:19.05
		強化A	24.16	0:53.12	1:56.15	4:05.21	16:15.92	-	0:58.53	2:06.93	-	1:04.70	2:20.15	-	0:56.06	2:05.04	2:07.97	4:32.00
		強化B	24.62	0:54.13	1:58.36	4:09.88	16:34.51	-	0:59.64	2:09.35	-	1:05.93	2:22.82	-	0:57.13	2:07.43	2:10.41	4:37.18
		強化C	25.31	0:55.65	2:01.68	4:16.88	17:02.39	-	1:01.31	2:12.98	-	1:07.78	2:26.83	-	0:58.73	2:11.00	2:14.07	4:44.96
高2		強化S	23.32	0:51.12	1:52.07	3:55.95	15:36.68	-	0:56.48	2:02.81	-	1:02.10	2:14.52	-	0:54.10	2:00.34	2:02.84	4:21.77
		強化A	24.48	0:53.68	1:57.68	4:07.75	16:23.51	-	0:59.30	2:08.95	-	1:05.20	2:21.25	-	0:56.80	2:06.36	2:08.98	4:34.85
		強化B	24.95	0:54.70	1:59.92	4:12.47	16:42.24	-	1:00.43	2:11.41	-	1:06.45	2:23.94	-	0:57.88	2:08.76	2:11.44	4:40.09
		強化C	25.65	0:56.23	2:03.28	4:19.55	17:10.34	-	1:02.12	2:15.09	-	1:08.31	2:27.98	-	0:59.50	2:12.37	2:15.12	4:47.94
高1		強化S	23.62	0:51.65	1:53.53	3:58.37	15:43.90	-	0:57.21	2:04.73	-	1:02.58	2:15.57	-	0:54.80	2:01.59	2:03.80	4:24.48
		強化A	24.80	0:54.23	1:59.21	4:10.29	16:31.10	-	1:00.07	2:10.97	-	1:05.71	2:22.35	-	0:57.54	2:07.67	2:09.99	4:37.70
		強化B	25.27	0:55.27	2:01.48	4:15.06	16:49.97	-	1:01.21	2:13.46	-	1:06.96	2:25.06	-	0:58.64	2:10.10	2:12.47	4:42.99
		強化C	25.98	0:56.82	2:04.88	4:22.21	17:18.29	-	1:02.93	2:17.20	-	1:08.84	2:29.13	-	1:00.28	2:13.75	2:16.18	4:50.93
中3	強化S	24.15	0:52.49	1:54.75	4:01.54	16:01.67	-	0:57.98	2:06.07	-	1:03.94	2:18.14	-	0:55.70	2:03.56	2:05.81	4:28.77	
	強化A	25.35	0:55.11	2:00.49	4:13.62	16:49.75	-	1:00.88	2:12.38	-	1:07.14	2:25.04	-	0:58.49	2:09.74	2:12.10	4:42.20	
	強化B	25.84	0:56.16	2:02.78	4:18.45	17:08.98	-	1:02.04	2:14.90	-	1:08.42	2:27.80	-	0:59.60	2:12.21	2:14.61	4:47.58	
	強化C	26.56	0:57.73	2:06.22	4:25.69	17:37.83	-	1:03.78	2:18.68	-	1:10.33	2:31.95	-	1:01.27	2:15.92	2:18.39	4:55.64	
中2	強化S	24.67	0:53.32	1:55.97	4:04.71	16:19.43	-	0:58.75	2:07.42	-	1:05.30	2:20.70	-	0:56.60	2:05.53	2:07.81	4:33.05	
	強化A	25.90	0:55.99	2:01.77	4:16.95	17:08.40	-	1:01.69	2:13.79	-	1:08.57	2:27.74	-	0:59.43	2:11.81	2:14.20	4:46.70	
	強化B	26.40	0:57.05	2:04.09	4:21.84	17:27.99	-	1:02.86	2:16.34	-	1:09.87	2:30.55	-	1:00.56	2:14.32	2:16.76	4:52.16	
	強化C	27.14	0:58.65	2:07.57	4:29.18	17:57.37	-	1:04.63	2:20.16	-	1:11.83	2:34.77	-	1:02.26	2:18.08	2:20.59	5:00.36	
中1	強化S	25.88	0:56.13	2:01.84	4:15.81	-	-	1:03.16	2:16.50	-	1:08.69	2:27.95	-	1:00.12	2:13.82	2:16.19	4:47.77	
	強化A	27.17	0:58.94	2:07.93	4:28.60	-	-	1:06.32	2:23.33	-	1:12.12	2:35.35	-	1:03.13	2:20.51	2:23.00	5:02.16	
	強化B	27.69	1:00.06	2:10.37	4:33.72	-	-	1:07.58	2:26.05	-	1:13.50	2:38.31	-	1:04.33	2:23.19	2:25.72	5:07.91	
	強化C	28.47	1:01.74	2:14.02	4:41.39	-	-	1:09.48	2:30.15	-	1:15.56	2:42.75	-	1:06.13	2:27.20	2:29.81	5:16.55	
小6	ジュニア強化	強化S	27.11	0:59.02	2:08.00	-	-	31.27	1:07.26	-	33.49	1:12.68	-	28.86	1:04.30	2:23.67	-	
	強化A	28.47	1:01.97	2:14.40	-	-	32.83	1:10.62	-	35.16	1:16.31	-	30.30	1:07.52	2:30.85	-		
	強化B	29.01	1:03.15	2:16.96	-	-	33.46	1:11.97	-	35.83	1:17.77	-	30.88	1:08.80	2:33.73	-		
	強化C	29.82	1:04.92	2:20.80	-	-	34.40	1:13.99	-	36.84	1:19.95	-	31.75	1:10.73	2:38.04	-		
小5	強化S	28.41	1:02.07	2:14.05	-	-	32.77	1:10.53	-	35.30	1:17.37	-	30.38	1:07.94	2:31.06	-		
	強化A	29.83	1:05.17	2:20.75	-	-	34.41	1:14.06	-	37.07	1:21.24	-	31.90	1:11.34	2:38.61	-		
	強化B	30.40	1:06.41	2:23.43	-	-	35.06	1:15.47	-	37.77	1:22.79	-	32.51	1:12.70	2:41.63	-		
	強化C	31.25	1:08.28	2:27.46	-	-	36.05	1:17.58	-	38.83	1:25.11	-	33.42	1:14.73	2:46.17	-		
小4	強化S	30.41	-	-	-	-	35.00	-	-	38.52	-	-	32.45	-	2:40.75	-		
	強化A	31.93	-	-	-	-	36.75	-	-	40.45	-	-	34.07	-	2:48.79	-		
	強化B	32.54	-	-	-	-	37.45	-	-	41.22	-	-	34.72	-	2:52.00	-		
	強化C	33.45	-	-	-	-	38.50	-	-	42.37	-	-	35.70	-	2:56.82	-		